

OCTOBER 2025 NACR QUARTERLY REPORT ON COMPLETION OF CORE CARDIAC REHABILITATION BASED ON MODE OF DELIVERY (re run using January 2026 extract)

(Apr-Jun 2025 data; patient records were included if they were recorded as starting/accessing core cardiac rehabilitation (CR) within the time period and there was sufficient data – 10 or more patients starting and with mode of delivery recorded.)

Introduction: Cardiac Rehabilitation (CR) is an evidence-based intervention, proven to improve quality of life and reduce hospital readmissions, the greatest extent of this benefit comes from patients completing the programme and, for many years, NACR has reported CR completion to be at 75% or greater. However, recently data has shown a reduction in the average level of completion. This report highlights the percentage of completion, by mode of delivery for patients starting core CR in April-June 2025.

The analysis includes 166 out of 182 services that returned data in the period. Sixteen of the 182 services did not have sufficient data for reporting: 10 had <10 records starting in the period, five had no mode of delivery recorded and one had insufficient starters with mode recorded in the period.

The report shows the proportion of programmes recording mode of delivery with either Group-based, Home-based or Hybrid. There was very little difference in the proportion of programmes offering Home-based (146 programmes) and Group-based (144 programmes) and the use of Hybrid (124 programmes) is on the increase. Looking at the average patient throughput by mode of delivery, Group-based is the most frequently taken up by patients with an average 57% of patients, whereas Home-based and Hybrid each represent 33% and 36% respectively. This suggests that although there is greater variety in the CR mode of delivery available, Group-based remains the dominant mode of delivery, and furthermore, in 53 of the 144 of services using Group-based mode, the majority of their patients are on this mode (>80%).

Looking at the total completion rate per mode, Hybrid and Group-based had higher than Home-based, 83% and 80% respectively. The Home-based completion rate was 74%, which is less than the UK average from recent years.

The findings from this Quarterly Report highlight the complexity around Home-based CR where some services are performing above average for Group-based and or Hybrid but some are falling to 50% completion or lower in Home-based CR. Due to the remote nature of Home-based CR, it is vital to set clear end points, possibly with an in-person discharge assessment (Assessment 2 (post-CR)) scheduled from the outset to set expectations around what constitutes the end of CR. As per BACPR standards, this is not only for the completion of Assessment 2 for NACR but to showcase to patients their success, where to focus on next e.g. weight/diet and to provide a discharge summary to primary care or long-term support services such as Phase IV CR.

Note: ongoing work on rolling out a new country-wide database in Northern Ireland is currently impacting data entry levels. We are therefore unable to include Northern Ireland programmes in this quarterly report at the moment.

| Trust Name | Region/Network | ICB | % Starting CR with Mode Recorded | % of Patients Starting Group-based CR | % of Patients Completing Group-based CR | % of Patients Starting Home-based/Self-managed | % of Patients Completing Home-based/Self-managed CR | % of Patients Starting Hybrid* CR | % of Patients Completing Hybrid* CR |
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| Countess of Chester Hospital NHS Foundation Trust (Countess of Chester Hospital) | Cheshire & Merseyside | NHS Cheshire and Merseyside | 54% | 0% | 0% | 25% | 81% | 75% | 81% |
| East Cheshire NHS Trust (Macclesfield District General Hospital) | Cheshire & Merseyside | NHS Cheshire and Merseyside | 100% | 52% | 89% | 43% | 92% | 6% | 100% |
| Liverpool Heart and Chest Hospital NHS Foundation Trust (Knowsley Community CVD Service) | Cheshire & Merseyside | NHS Cheshire and Merseyside | 92% | 38% | 61% | 16% | 40% | 46% | 75% |
| Liverpool University Hospitals NHS Foundation Trust (Broadgreen Hospital and Royal Liverpool University Hospital) | Cheshire & Merseyside | NHS Cheshire and Merseyside | 81% | 0% | 0% | 20% | 22% | 80% | 81% |
| Liverpool University Hospitals NHS Foundation Trust (University Hospital Aintree) | Cheshire & Merseyside | NHS Cheshire and Merseyside | Insufficient Number of Core Records for Valid Data Reporting (<10) | | | | | | |
| Mersey and West Lancashire Teaching Hospitals NHS Trust (Ormskirk District General Hospital & Southport and Formby District General Hospital) | Cheshire & Merseyside | NHS Cheshire and Merseyside | 97% | 0% | 0% | 3% | 0% | 97% | 87% |
| Mersey and West Lancashire Teaching Hospitals NHS Trust (St Helens Community) | Cheshire & Merseyside | NHS Cheshire and Merseyside | 93% | 6% | 83% | 62% | 90% | 32% | 87% |
| Mid Cheshire Hospitals NHS Foundation Trust (Leighton Hospital) | Cheshire & Merseyside | NHS Cheshire and Merseyside | 81% | 92% | 67% | 8% | 100% | 0% | 0% |
| Warrington and Halton Teaching Hospitals NHS Foundation Trust (Halton Hospital and Warrington) | Cheshire & Merseyside | NHS Cheshire and Merseyside | 93% | 1% | 100% | 47% | 21% | 52% | 92% |
| Wirral Community Health and Care NHS Foundation Trust (Wirral Community Cardiology Service) | Cheshire & Merseyside | NHS Cheshire and Merseyside | 83% | 61% | 81% | 24% | 58% | 15% | 42% |
| Chesterfield Royal Hospital NHS Foundation Trust (Chesterfield Royal Hospital) | East Midlands | NHS Derby and Derbyshire | 99% | 19% | 89% | 77% | 43% | 4% | 75% |
| Derbyshire Community Health Services NHS Foundation Trust (North Derbyshire - Phase III Community CR (Chesterfield & Bolsover)) | East Midlands | NHS Derby and Derbyshire | 73% | 74% | 87% | 22% | 63% | 4% | 100% |

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| Doncaster and Bassetlaw Hospitals NHS Foundation Trust (Bassetlaw Hospital) | East Midlands | NHS Nottingham and Nottinghamshire | 75% | 70% | 97% | 30% | 76% | 0% | 0% |
| Kettering General Hospital NHS Trust (Kettering General Hospital) | East Midlands | NHS Northamptonshire | 80% | 46% | 79% | 54% | 89% | 1% | 100% |
| Lincolnshire Community Health Services NHS Trust | East Midlands | NHS Lincolnshire | 23% | 97% | 49% | 3% | 100% | 0% | 0% |
| Northampton General Hospital NHS Trust (Northampton General Hospital (Acute)) | East Midlands | NHS Northamptonshire | 100% | 98% | 95% | 2% | 100% | 0% | 0% |
| Nottingham Citycare Partnership CIC (Nottingham City Community Cardiac Rehab) | East Midlands | NHS Nottingham and Nottinghamshire | 94% | 0% | 0% | 100% | 71% | 0% | 0% |
| Nottingham University Hospitals NHS Trust | East Midlands | NHS Nottingham and Nottinghamshire | Insufficient Number of Core Records for Valid Data Reporting (<10) | | | | | | |
| Sherwood Forest Hospitals NHS Foundation Trust (King's Mill Hospital) | East Midlands | NHS Nottingham and Nottinghamshire | 92% | 15% | 100% | 43% | 83% | 43% | 85% |
| Sherwood Forest Hospitals NHS Foundation Trust (Newark Hospital) | East Midlands | NHS Nottingham and Nottinghamshire | 91% | 76% | 81% | 19% | 0% | 5% | 0% |
| University Hospitals of Leicester NHS Trust (Glenfield Hospital, Leicester General Hospital and Leicester Royal Infirmary) | East Midlands | NHS Leicester, Leicestershire and Rutland | 85% | 95% | 36% | 5% | 0% | 0% | 0% |
| Bedfordshire Hospitals NHS Foundation Trust (Bedford Heart Beat - Bedford Hospital) | East of England | NHS Bedfordshire, Luton and Milton Keynes | 98% | 0% | 0% | 11% | 0% | 89% | 70% |
| Bedfordshire Hospitals NHS Foundation Trust (Luton and Dunstable Hospital) | East of England | NHS Bedfordshire, Luton and Milton Keynes | 99% | 1% | 100% | 52% | 99% | 46% | 93% |
| Cambridge University Hospital NHS Foundation Trust (Addenbrooke's Hospital) | East of England | NHS Cambridgeshire and Peterborough | 74% | 56% | 97% | 13% | 100% | 31% | 77% |
| Cambridgeshire & Peterborough NHS Foundation Trust (Doddington Community Hospital) | East of England | NHS Cambridgeshire and Peterborough | 80% | 28% | 80% | 39% | 71% | 33% | 83% |

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| East and North Hertfordshire NHS Trust (Queen Elizabeth II Hospital and Lister Hospital) | East of England | NHS Hertfordshire and West Essex | 65% | 96% | 94% | 4% | 100% | 0% | 0% |
| East Coast Community Healthcare CIC (Great Yarmouth and Waveney) | East of England | NHS Norfolk and Waveney | 91% | 0% | 0% | 70% | 50% | 30% | 86% |
| East Suffolk and North Essex NHS Foundation Trust (Colchester General Hospital) | East of England | NHS Suffolk and North East Essex | 95% | 100% | 75% | 0% | 0% | 0% | 0% |
| East Suffolk and North Essex NHS Foundation Trust (East Suffolk Cardiac Rehab) | East of England | NHS Suffolk and North East Essex | 76% | 8% | 100% | 31% | 70% | 61% | 96% |
| East Suffolk and North Essex NHS Foundation Trust (North East Essex Community Cardiac Rehab) | East of England | NHS Suffolk and North East Essex | Insufficient Number of Core Records for Valid Data Reporting (<10) | | | | | | |
| Essex Partnership University NHS Foundation Trust (EPUT) | East of England | NHS Hertfordshire and West Essex | 71% | 74% | 74% | 26% | 58% | 0% | 0% |
| Mid and South Essex NHS Foundation Trust (Broomfield Hospital) | East of England | NHS Mid and South Essex | 96% | 53% | 91% | 46% | 93% | 1% | 100% |
| Mid and South Essex NHS Foundation Trust (Southend Hospital) | East of England | NHS Mid and South Essex | 98% | 0% | 0% | 63% | 93% | 37% | 86% |
| Mid and South Essex NHS Foundation Trust (The Essex Cardiothoracic Centre) | East of England | NHS Mid and South Essex | 88% | 22% | 78% | 69% | 72% | 9% | 91% |
| Milton Keynes University Hospital NHS Foundation Trust (Milton Keynes University Hospital) | East of England | NHS Bedfordshire, Luton and Milton Keynes | 64% | 19% | 100% | 81% | 23% | 0% | 0% |
| Norfolk and Norwich University Hospital NHS Trust (Norfolk and Norwich University Hospital) | East of England | NHS Norfolk and Waveney | 100% | 0% | 0% | 86% | 98% | 14% | 94% |
| Norfolk Community Health and Care NHS Trust | East of England | NHS Norfolk and Waveney | 100% | 31% | 76% | 12% | 37% | 57% | 88% |
| North West Anglia NHS Foundation Trust (Peterborough City Hospital and CPFT Community Cardiac Rehabilitation) | East of England | NHS Cambridgeshire and Peterborough | 94% | 23% | 86% | 26% | 42% | 51% | 83% |
| Royal Papworth Hospital NHS Foundation Trust (Royal Papworth Hospital) | East of England | NHS Cambridgeshire and Peterborough | 86% | 21% | 81% | 19% | 84% | 60% | 97% |

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| West Herts Central London Community Healthcare NHS Trust (St Albans, Watford, Hemel Hempstead) | East of England | NHS Hertfordshire and West Essex | 94% | 84% | 92% | 10% | 100% | 6% | 100% |
| West Suffolk NHS Foundation Trust (West Suffolk Community Cardiac Prevention & Rehabilitation Service) | East of England | NHS Suffolk and North East Essex | 96% | 0% | 0% | 1% | 100% | 99% | 61% |
| West Suffolk NHS Foundation Trust (West Suffolk Hospital) | East of England | NHS Suffolk and North East Essex | 67% | 89% | 94% | 8% | 100% | 3% | 100% |
| BOC Healthcare (Heywood, Middleton & Rochdale Cardiac Rehabilitation Service) | Greater Manchester | NHS Greater Manchester | 97% | 92% | 79% | 0% | 0% | 8% | 80% |
| Bolton Hospitals NHS Trust (Royal Bolton Hospital and Royal Bolton Heart Failure Rehab) | Greater Manchester | NHS Greater Manchester | 69% | 83% | 90% | 17% | 69% | 0% | 0% |
| Manchester University NHS Foundation Trust (Manchester Heart Centre / Manchester Royal Infirmary) | Greater Manchester | NHS Greater Manchester | 34% | 6% | 0% | 82% | 0% | 12% | 0% |
| Manchester University NHS Foundation Trust (North Manchester General Hospital) | Greater Manchester | NHS Greater Manchester | 53% | 47% | 88% | 50% | 65% | 3% | 100% |
| Manchester University NHS Foundation Trust (Trafford General Hospital) | Greater Manchester | NHS Greater Manchester | 100% | 83% | 52% | 0% | 0% | 17% | 11% |
| Manchester University NHS Foundation Trust (Wythenshawe Hospital & South Manchester Community) | Greater Manchester | NHS Greater Manchester | 96% | 82% | 78% | 18% | 25% | 0% | 0% |
| Northern Care Alliance NHS Foundation Trust (Bury Care Organisation) | Greater Manchester | NHS Greater Manchester | 94% | 45% | 92% | 35% | 93% | 20% | 94% |
| Northern Care Alliance NHS Foundation Trust (Oldham Care Organisation) | Greater Manchester | NHS Greater Manchester | 99% | 46% | 55% | 15% | 60% | 40% | 76% |
| Northern Care Alliance NHS Foundation Trust (Salford Royal Hospital) | Greater Manchester | NHS Greater Manchester | 100% | 0% | 0% | 100% | 54% | 0% | 0% |
| Stockport NHS Foundation Trust (Stepping Hill Hospital) | Greater Manchester | NHS Greater Manchester | Insufficient Number of Core Records for Valid Data Reporting (<10) | | | | | | |
| Tameside and Glossop Integrated Care NHS Foundation Trust (Tameside General Hospital) | Greater Manchester | NHS Greater Manchester | 93% | 74% | 28% | 26% | 36% | 0% | 0% |
| Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust (Community Cardiac Rehabilitation) | Greater Manchester | NHS Greater Manchester | 97% | 0% | 0% | 82% | 80% | 18% | 88% |

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| City Health Care Partnership CIC (Hull and East Riding) | Humber and North Yorkshire | NHS Humber and North Yorkshire | 10% | 77% | 25% | 19% | 80% | 4% | 0% |
| Harrogate and District NHS Foundation Trust (Harrogate District Hospital) | Humber and North Yorkshire | NHS Humber and North Yorkshire | 87% | 16% | 85% | 51% | 85% | 33% | 96% |
| Humber Teaching NHS Foundation Trust (Scarborough, Whitby, Ryedale and Pocklington) | Humber and North Yorkshire | NHS Humber and North Yorkshire | 94% | 0% | 0% | 81% | 61% | 19% | 100% |
| Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Diana, Princess of Wales Hospital) | Humber and North Yorkshire | NHS Humber and North Yorkshire | 82% | 3% | 0% | 28% | 100% | 69% | 84% |
| Northern Lincolnshire and Goole Hospitals NHS Foundation Trust (Scunthorpe General Hospital) | Humber and North Yorkshire | NHS Humber and North Yorkshire | 98% | 93% | 68% | 0% | 0% | 7% | 25% |
| York and Scarborough Teaching Hospitals NHS Foundation Trust (York Hospital / Community CR & Heart Failure Rehab) | Humber and North Yorkshire | NHS Humber and North Yorkshire | 94% | 1% | 100% | 72% | 75% | 27% | 100% |
| Blackpool, Fylde and Wyre Hospitals NHS Foundation Trust (Blackpool Victoria Hospital) | Lancashire & South Cumbria | NHS Lancashire and South Cumbria | 68% | 75% | 90% | 21% | 83% | 4% | 100% |
| East Lancashire Hospitals NHS Trust (Royal Blackburn Hospital / Burnley Hospital) | Lancashire & South Cumbria | NHS Lancashire and South Cumbria | 96% | 32% | 70% | 32% | 92% | 36% | 100% |
| Lancashire Teaching Hospitals NHS Foundation Trust (Chorley & South Ribble Hospital and Royal Preston Hospital) | Lancashire & South Cumbria | NHS Lancashire and South Cumbria | 99% | 0% | 0% | 3% | 33% | 97% | 65% |
| University Hospitals of Morecambe Bay NHS Foundation Trust (Furness General Hospital) | Lancashire & South Cumbria | NHS Lancashire and South Cumbria | 94% | 41% | 57% | 12% | 100% | 47% | 100% |
| University Hospitals of Morecambe Bay NHS Foundation Trust (Royal Lancaster Infirmary) | Lancashire & South Cumbria | NHS Lancashire and South Cumbria | 91% | 81% | 100% | 10% | 100% | 10% | 100% |
| University Hospitals of Morecambe Bay NHS Foundation Trust (Westmorland General Hospital) | Lancashire & South Cumbria | NHS Lancashire and South Cumbria | 100% | 82% | 67% | 9% | 100% | 9% | 100% |

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| Barking, Havering and Redbridge Hospitals NHS Trust (King George Hospital, Queens Hospital and Community CHD Service) | London (North) | NHS North East London | 100% | 0% | 0% | 67% | 64% | 33% | 88% |
| Barts Health NHS Trust (Barts Heart Centre) | London (North) | NHS North East London | 94% | 0% | 0% | 10% | 25% | 90% | 62% |
| Barts Health NHS Trust (Whipps Cross University Hospital) | London (North) | NHS North East London | 100% | 3% | 50% | 0% | 0% | 97% | 81% |
| Central and North West London NHS Foundation Trust (Hillingdon Community Cardiac Rehab) | London (North) | NHS North West London | 89% | 7% | 100% | 27% | 64% | 66% | 70% |
| Central London Community Healthcare NHS Trust (Harrow Community Services) | London (North) | NHS North West London | 84% | 0% | 0% | 3% | 0% | 97% | 93% |
| East London NHS Foundation Trust (Newham Cardiac Rehab Services) | London (North) | NHS North East London | 98% | 2% | 100% | 47% | 87% | 52% | 100% |
| Guy's and St Thomas' NHS Foundation Trust (Royal Brompton and Harefield NHS Hospitals Clinical Group (Care for your Heart, Harefield)) | London (North) | NHS North West London | Insufficient Number of Records with Mode recorded (<10) | | | | | | |
| Homerton University Hospital NHS Foundation Trust (Homerton University Hospital) | London (North) | NHS North East London | 85% | 100% | 73% | 0% | 0% | 0% | 0% |
| Imperial Healthcare NHS Trust (Charing Cross Hospital/Hammersmith, Central & West London and Ealing Community) | London (North) | NHS North West London | 90% | 62% | 77% | 34% | 72% | 4% | 83% |
| London North West University Healthcare NHS Trust (Northwick Park Hospital and Ealing Hospital) | London (North) | NHS North West London | 86% | 0% | 0% | 97% | 34% | 3% | 0% |
| Nuffield Health (Nuffield Health at St. Bartholomew's Hospital) | London (North) | NHS North East London | 91% | 61% | 74% | 29% | 67% | 10% | 100% |
| Royal Free London NHS Foundation Trust (Chase Farm Hospital and Barnet Hospital) | London (North) | NHS North Central London | 63% | 19% | 27% | 7% | 0% | 75% | 100% |
| Royal Free London NHS Foundation Trust (North Middlesex Hospital) | London (North) | NHS North Central London | 83% | 0% | 0% | 44% | 63% | 56% | 78% |
| Royal Free London NHS Foundation Trust (Royal Free Hospital) | London (North) | NHS North Central London | 58% | 6% | 0% | 28% | 0% | 67% | 8% |

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| The Hillingdon Hospitals NHS Foundation Trust (Hillingdon Hospital) | London (North) | NHS North West London | 100% | 81% | 73% | 19% | 73% | 0% | 0% |
| University College London Hospitals NHS Foundation Trust (The Heart Hospital) | London (North) | NHS North Central London | 86% | 12% | 67% | 6% | 67% | 82% | 85% |
| Whittington Health NHS Trust (The Whittington Hospital) | London (North) | NHS North Central London | 100% | 0% | 0% | 13% | 20% | 88% | 94% |
| Central London Community Healthcare NHS Trust (Merton Cardiac Rehabilitation) | London (South) | NHS South West London | 83% | 90% | 97% | 8% | 67% | 3% | 100% |
| Croydon Health Services NHS Trust (Croydon University Hospital) | London (South) | NHS South West London | 95% | 1% | 100% | 10% | 14% | 89% | 84% |
| Epsom and St Helier University Hospitals NHS Trust (St Helier Hospital) | London (South) | NHS South West London | 94% | 0% | 0% | 0% | 0% | 100% | 88% |
| Guy's and St Thomas' NHS Foundation Trust (St. Thomas' Hospital) | London (South) | NHS South East London | 76% | 71% | 76% | 10% | 60% | 19% | 89% |
| King's College Hospital NHS Foundation Trust (King's College Hospital (Denmark Hill)) | London (South) | NHS South East London | 99% | 91% | 80% | 6% | 80% | 3% | 67% |
| Kings College Hospital NHS Foundation Trust (Princess Royal University Hospital) | London (South) | NHS South East London | Insufficient Number of Core Records for Valid Data Reporting (<10) | | | | | | |
| Kingston and Richmond NHS Foundation Trust (Hounslow and Richmond Community Cardiac Rehab Service) | London (South) | NHS South West London | 45% | 47% | 78% | 23% | 72% | 30% | 70% |
| Lewisham and Greenwich NHS Trust (University Hospital Lewisham) | London (South) | NHS South East London | 98% | 73% | 77% | 22% | 89% | 5% | 100% |
| Oxleas NHS Foundation Trust (Bexley Cardiac Rehab and Greenwich Long Term Conditions Team) | London (South) | NHS South East London | Insufficient Number of Records with Mode recorded (<10) | | | | | | |
| St George's University Hospitals NHS Foundation Trust (St George's Hospital (Tooting)) | London (South) | NHS South West London | 86% | 1% | 100% | 20% | 38% | 78% | 89% |
| Your Healthcare CIC (Kingston Community Cardiac Prevention and Rehabilitation Programme) | London (South) | NHS South West London | 83% | 78% | 57% | 6% | 67% | 17% | 33% |

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| Gateshead Health NHS Foundation Trust (Queen Elizabeth Hospital) | North East | NHS North East and North Cumbria | 95% | 100% | 76% | 0% | 0% | 0% | 0% |
| Newcastle upon Tyne Hospitals NHS Foundation Trust (Freeman Hospital) | North East | NHS North East and North Cumbria | 100% | 100% | 80% | 0% | 0% | 0% | 0% |
| North Cumbria Integrated Care NHS Foundation Trust (Cumberland Infirmary) | North East | NHS North East and North Cumbria | 95% | 0% | 0% | 30% | 7% | 70% | 75% |
| North Cumbria Integrated Care NHS Foundation Trust (West Cumberland Hospital) | North East | NHS North East and North Cumbria | 100% | 46% | 88% | 30% | 88% | 24% | 69% |
| North Tees and Hartlepool NHS Foundation Trust (Community Services) | North East | NHS North East and North Cumbria | 94% | 85% | 84% | 15% | 83% | 0% | 0% |
| Northumbria Healthcare NHS Foundation Trust (Central/South East, North and West & Community Cardiology) | North East | NHS North East and North Cumbria | 69% | 50% | 100% | 39% | 100% | 11% | 100% |
| South Tees Hospitals NHS Foundation Trust (James Cook University Hospital and Richmond Cardiac Rehab) | North East | NHS North East and North Cumbria | 96% | 100% | 94% | 0% | 0% | 0% | 0% |
| South Tyneside and Sunderland NHS Foundation Trust (Sunderland Royal Hospital & South Tyneside District General Hospital) | North East | NHS North East and North Cumbria | 95% | 95% | 51% | 5% | 0% | 0% | 0% |
| Ashford and St. Peters Hospital NHS Trust (Ashford Hospital and St Peters Hospital) | South East | NHS Surrey Heartlands | 81% | 100% | 83% | 0% | 0% | 0% | 0% |
| Berkshire Healthcare NHS Foundation Trust (West Berkshire Community CR) | South East | NHS Buckinghamshire, Oxfordshire and Berkshire West | 98% | 5% | 67% | 11% | 29% | 84% | 57% |
| Buckinghamshire Healthcare NHS Trust (Wycombe Hospital) | South East | NHS Buckinghamshire, Oxfordshire and Berkshire West | 49% | 100% | 90% | 0% | 0% | 0% | 0% |
| Dartford and Gravesham NHS Trust (Darent Valley Hospital) | South East | NHS Kent and Medway | 89% | 34% | 71% | 66% | 39% | 0% | 0% |
| East Sussex Healthcare NHS Trust (Conquest Hospital) | South East | NHS Sussex | 88% | 86% | 61% | 14% | 100% | 0% | 0% |

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| East Sussex Healthcare NHS Trust (Eastbourne District General Hospital) | South East | NHS Sussex | 83% | 77% | 93% | 23% | 92% | 0% | 0% |
| Epsom and St Helier University Hospitals NHS Trust (Epsom Hospital) | South East | NHS Surrey Heartlands | 93% | 0% | 0% | 0% | 0% | 100% | 82% |
| First Community Healthcare | South East | NHS Surrey Heartlands | 100% | 97% | 73% | 0% | 0% | 3% | 100% |
| Frimley Health NHS Foundation Trust (Frimley Park Hospital) | South East | NHS Frimley | 91% | 96% | 73% | 4% | 83% | 0% | 0% |
| Frimley Health NHS Foundation Trust (Wexham Park Hospital) | South East | NHS Frimley | 85% | 99% | 49% | 0% | 0% | 1% | 100% |
| Hampshire and Isle of Wight NHS Foundation Trust (Solent Cardiac Services) | South East | NHS Hampshire and Isle of Wight | 97% | 88% | 93% | 0% | 0% | 13% | 100% |
| Hampshire and Isle of Wight Healthcare NHS Foundation Trust (St Mary's Hospital, Isle Of Wight) | South East | NHS Hampshire and Isle of Wight | 44% | 100% | 94% | 0% | 0% | 0% | 0% |
| Kent Community Health NHS Foundation Trust | South East | NHS Kent and Medway | 86% | 97% | 99% | 3% | 100% | 1% | 100% |
| Maidstone and Tunbridge Wells NHS Trust (Maidstone Hospital) | South East | NHS Kent and Medway | 100% | 54% | 76% | 46% | 84% | 0% | 0% |
| Maidstone and Tunbridge Wells NHS Trust (Tunbridge Wells Hospital) | South East | NHS Kent and Medway | 100% | 69% | 88% | 26% | 88% | 5% | 67% |
| Oxford University Hospitals NHS Foundation Trust (Horton General Hospital and John Radcliffe Hospital) | South East | NHS Buckinghamshire, Oxfordshire and Berkshire West | 82% | 73% | 93% | 2% | 33% | 24% | 78% |
| Portsmouth Hospitals University NHS Trust (Queen Alexandra Hospital) | South East | NHS Hampshire and Isle of Wight | 86% | 39% | 90% | 46% | 90% | 16% | 92% |
| Royal Berkshire NHS Foundation Trust (Royal Berkshire Hospital) | South East | NHS Buckinghamshire, Oxfordshire and Berkshire West | 98% | 0% | 0% | 14% | 50% | 86% | 84% |
| Royal Surrey NHS Foundation Trust (Royal Surrey County Hospital) | South East | NHS Surrey Heartlands | 75% | 18% | 70% | 39% | 45% | 43% | 83% |
| Surrey and Sussex Healthcare NHS Trust (Crawley Hospital and East Surrey Hospital) | South East | NHS Surrey Heartlands | Insufficient Number of Records with Mode recorded (<10) | | | | | | |

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|--|-----------------|--------------------------------------|--|---------------------------------------|---|--|---|-----------------------------------|-------------------------------------|
| University Hospitals Sussex NHS Foundation Trust (Princess Royal Hospital) | South East | NHS Sussex | 96% | 58% | 91% | 0% | 0% | 42% | 74% |
| University Hospitals Sussex NHS Foundation Trust (Royal Sussex County Hospital) | South East | NHS Sussex | 94% | 0% | 0% | 34% | 31% | 66% | 57% |
| University Hospitals Sussex NHS Foundation Trust (Southlands Hospital) | South East | NHS Sussex | 92% | 66% | 89% | 31% | 85% | 4% | 67% |
| University Hospitals Sussex NHS Foundation Trust (St Richards Hospital) | South East | NHS Sussex | 99% | 1% | 0% | 57% | 69% | 42% | 78% |
| Rotherham NHS Foundation Trust (Rotherham District General Hospital and Rotherham Community Health Centre) | South Yorkshire | NHS South Yorkshire | 92% | 0% | 0% | 86% | 85% | 14% | 80% |
| Rotherham, Doncaster & South Humber Foundation Trust (Cantley Health Centre) | South Yorkshire | NHS South Yorkshire | Insufficient Number of Records with Mode recorded (<10) | | | | | | |
| Sheffield Teaching Hospitals NHS Foundation Trust (Community Cardiac Rehabilitation Programme) | South Yorkshire | NHS South Yorkshire | 97% | 1% | 100% | 19% | 90% | 80% | 91% |
| South West Yorkshire Partnership NHS Foundation Trust (Barnsley Cardiac and Pulmonary Rehabilitation Service) | South Yorkshire | NHS South Yorkshire | 92% | 100% | 96% | 0% | 0% | 0% | 0% |
| Cornwall Partnership NHS Foundation Trust (Liskeard Community Hospital, Royal Cornwall Hospital, Mid Cornwall and West Cornwall/Isles of Scilly) | SW (Peninsula) | NHS Cornwall and The Isles of Scilly | Insufficient Number of Core Records for Valid Data Reporting (<10) | | | | | | |
| Livewell South West (Community Cardiac Team) | SW (Peninsula) | NHS Devon | 5% | 92% | 100% | 8% | 100% | 0% | 0% |
| Royal Devon University Healthcare NHS Foundation Trust (Royal Devon and Exeter Hospital (Wonford) & Westbank Community Care) | SW (Peninsula) | NHS Devon | 88% | 54% | 66% | 15% | 100% | 31% | 89% |
| Torbay and South Devon NHS Foundation Trust (Torbay Hospital) | SW (Peninsula) | NHS Devon | 82% | 56% | 81% | 13% | 100% | 31% | 87% |
| Birmingham Community Healthcare NHS Trust | West Midlands | NHS Birmingham and Solihull | Insufficient Number of Records with Mode recorded (<10) | | | | | | |

| Trust Name | Region/Network | ICB | % Starting CR with Mode Recorded | % of Patients Starting Group-based CR | % of Patients Completing Group-based CR | % of Patients Starting Home-based/Self-managed | % of Patients Completing Home-based/Self-managed CR | % of Patients Starting Hybrid* CR | % of Patients Completing Hybrid* CR |
|---|----------------|--------------------------------------|---|---------------------------------------|---|--|---|-----------------------------------|-------------------------------------|
| George Eliot Hospital NHS Trust (George Eliot Hospital) | West Midlands | NHS Coventry and Warwickshire | 91% | 92% | 88% | 8% | 33% | 0% | 0% |
| Sandwell and West Birmingham Hospitals NHS Trust (City Hospital and Sandwell General Hospital) | West Midlands | NHS Black Country | 92% | 30% | 83% | 5% | 50% | 65% | 61% |
| Shrewsbury and Telford Hospital NHS Trust (Royal Shrewsbury Hospital and The Princess Royal Hospital) | West Midlands | NHS Shropshire, Telford and Wrekin | 73% | 74% | 88% | 23% | 86% | 3% | 100% |
| South Warwickshire University NHS Foundation Trust (Warwick Hospital) | West Midlands | NHS Coventry and Warwickshire | 100% | 88% | 86% | 13% | 0% | 0% | 0% |
| The Royal Wolverhampton Hospitals NHS Trust (New Cross Hospital and Cannock Chase Hospital) | West Midlands | NHS Black Country | 100% | 74% | 85% | 26% | 67% | 0% | 0% |
| University Hospitals Birmingham NHS Foundation Trust (Good Hope Hospital) | West Midlands | NHS Birmingham and Solihull | 83% | 96% | 70% | 4% | 100% | 0% | 0% |
| University Hospitals Birmingham NHS Foundation Trust (Heartlands Hospital and Solihull Hospital) | West Midlands | NHS Birmingham and Solihull | 75% | 100% | 90% | 0% | 0% | 0% | 0% |
| University Hospitals Coventry and Warwickshire NHS Trust (University Hospital, Coventry and Hospital of St Cross) | West Midlands | NHS Coventry and Warwickshire | 89% | 70% | 82% | 6% | 75% | 24% | 76% |
| University Hospitals of Derby and Burton NHS Foundation Trust (Queen's Hospital) | West Midlands | NHS Staffordshire and Stoke-on-Trent | 91% | 97% | 100% | 0% | 0% | 3% | 100% |
| University Hospitals of North Midlands NHS Trust (County Hospital Stafford and Royal Stoke University Hospital) | West Midlands | NHS Staffordshire and Stoke-on-Trent | Insufficient Number of Records with Mode recorded (<10) | | | | | | |
| Walsall Cardiac Rehabilitation Trust (Heart Care) | West Midlands | NHS Black Country | 96% | 74% | 79% | 19% | 65% | 8% | 100% |
| Worcestershire Acute Hospitals NHS Trust (Alexandra Hospital) | West Midlands | NHS Herefordshire and Worcestershire | 91% | 18% | 71% | 15% | 100% | 67% | 100% |
| Worcestershire Acute Hospitals NHS Trust (Kidderminster Hospital) | West Midlands | NHS Herefordshire and Worcestershire | 83% | 15% | 67% | 10% | 100% | 75% | 100% |
| Worcestershire Acute Hospitals NHS Trust (Worcestershire Royal Hospital) | West Midlands | NHS Herefordshire and Worcestershire | 86% | 81% | 88% | 10% | 100% | 9% | 100% |
| Wye Valley NHS Trust (Hereford County Hospital, Leominster and Ross on Wye) | West Midlands | NHS Herefordshire and Worcestershire | 100% | 5% | 100% | 52% | 85% | 44% | 96% |

| Trust Name | Region/Network | ICB | % Starting CR with Mode Recorded | % of Patients Starting Group-based CR | % of Patients Completing Group-based CR | % of Patients Starting Home-based/Self-managed | % of Patients Completing Home-based/Self-managed CR | % of Patients Starting Hybrid* CR | % of Patients Completing Hybrid* CR | | |
|--|-----------------|---|--|---------------------------------------|---|--|---|-----------------------------------|-------------------------------------|--|--|
| Bath and North East Somerset: HCRG Care Group (Heart Failure Service BANES) | West of England | NHS Bath and North East Somerset, Swindon and Wiltshire | Insufficient Number of Core Records for Valid Data Reporting (<10) | | | | | | | | |
| Dorset County Hospital NHS Foundation Trust (Dorset County Hospital) | West of England | NHS Dorset | 91% | 1% | 100% | 46% | 80% | 53% | 66% | | |
| Gloucestershire Health and Care NHS Foundation Trust (Gloucestershire Care Services) | West of England | NHS Gloucestershire | 95% | 52% | 99% | 34% | 76% | 14% | 90% | | |
| Great Western Hospitals NHS Foundation Trust | West of England | NHS Bath and North East Somerset, Swindon and Wiltshire | 87% | 4% | 100% | 41% | 67% | 55% | 85% | | |
| North Bristol NHS Trust (Southmead Hospital) | West of England | NHS Bristol, North Somerset and South Gloucestershire | 100% | 0% | 0% | 71% | 82% | 29% | 98% | | |
| Royal United Hospital Bath NHS Foundation Trust (Royal United Hospital) | West of England | NHS Bath and North East Somerset, Swindon and Wiltshire | 99% | 40% | 93% | 56% | 83% | 4% | 100% | | |
| Salisbury NHS Foundation Trust (Salisbury District Hospital) | West of England | NHS Bath and North East Somerset, Swindon and Wiltshire | 92% | 97% | 97% | 3% | 100% | 0% | 0% | | |
| Somerset NHS Foundation Trust (Musgrove Park Hospital & Somerset Community) | West of England | NHS Somerset | 100% | 41% | 96% | 58% | 77% | 1% | 100% | | |
| Somerset NHS Foundation Trust (Yeovil District Hospital) | West of England | NHS Somerset | 100% | 92% | 89% | 8% | 100% | 0% | 0% | | |
| University Hospitals Bristol and Weston NHS Foundation Trust (Bristol Royal Infirmary and Weston General Hospital) | West of England | NHS Bristol, North Somerset and South Gloucestershire | 93% | 38% | 83% | 52% | 90% | 10% | 100% | | |
| University Hospitals Dorset NHS Foundation Trust (Poole General Hospital & Royal Bournemouth Hospital) | West of England | NHS Dorset | 100% | 86% | 72% | 5% | 91% | 9% | 94% | | |

| Trust Name | Region/Network | ICB | % Starting CR with Mode Recorded | % of Patients Starting Group-based CR | % of Patients Completing Group-based CR | % of Patients Starting Home-based/Self-managed | % of Patients Completing Home-based/Self-managed CR | % of Patients Starting Hybrid* CR | % of Patients Completing Hybrid* CR |
|--|----------------|--------------------|----------------------------------|---------------------------------------|---|--|---|-----------------------------------|-------------------------------------|
| Bradford Teaching Hospitals NHS Foundation Trust (Bradford Royal Infirmary, St Lukes Hospital, Queensbury Health Centre and Eccleshill Clinic) | West Yorkshire | NHS West Yorkshire | 94% | 17% | 100% | 48% | 92% | 35% | 98% |
| Calderdale and Huddersfield NHS Foundation Trust (Calderdale Royal Hospital) | West Yorkshire | NHS West Yorkshire | 96% | 0% | 0% | 78% | 84% | 22% | 100% |
| Locala Community Partnership CIC (Huddersfield) | West Yorkshire | NHS West Yorkshire | 89% | 1% | 0% | 68% | 20% | 31% | 81% |
| Mid Yorkshire Hospitals NHS Trust (Pinderfields Hospital, Pontefract General Infirmary, Dewsbury & District Hospital) | West Yorkshire | NHS West Yorkshire | 86% | 2% | 100% | 82% | 88% | 15% | 97% |

* Hybrid is a combination of Group-based and Home-based/Self-managed

| Trust Name | Region/Network | % Starting CR with Mode Recorded | % of Patients Starting Group-based CR | % of Patients Completing Group-based CR | % of Patients Starting Home-based/Self-managed | % of Patients Completing Home-based/Self-managed CR | % of Patients Starting Hybrid* CR | % of Patients Completing Hybrid* CR |
|--|----------------|--|---------------------------------------|---|--|---|-----------------------------------|-------------------------------------|
| Circle Health Group (Alexandra Hospital (Private)) | Private | Insufficient Number of Core Records for Valid Data Reporting (<10) | | | | | | |
| CP+R (Private CR Provider) | Private | Insufficient Number of Core Records for Valid Data Reporting (<10) | | | | | | |

* Hybrid is a combination of Group-based and Home-based/Self-managed

| Trust Name | Region/Network | ICB | % Starting CR with Mode Recorded | % of Patients Starting Group-based CR | % of Patients Completing Group-based CR | % of Patients Starting Home-based/Self-managed | % of Patients Completing Home-based/Self-managed CR | % of Patients Starting Hybrid* CR | % of Patients Completing Hybrid* CR |
|-------------------------------|----------------|-------------|----------------------------------|---------------------------------------|---|--|---|-----------------------------------|-------------------------------------|
| Isle of Man (Nobles Hospital) | Other | Isle Of Man | 100% | 0% | 0% | 0% | 0% | 100% | 100% |

* Hybrid is a combination of Group-based and Home-based/Self-managed

| Trust Name | Region/Network | % Starting CR with Mode Recorded | % of Patients Starting Group-based CR | % of Patients Completing Group-based CR | % of Patients Starting Home-based/Self-managed | % of Patients Completing Home-based/Self-managed CR | % of Patients Starting Hybrid* CR | % of Patients Completing Hybrid* CR |
|--|---|----------------------------------|---------------------------------------|---|--|---|-----------------------------------|-------------------------------------|
| Aneurin Bevan University Health Board (Nevill Hall Hospital, County Hospital, Ysbyty Ystrad Fawr and St Woolos) | Aneurin Bevan University Health Board | 87% | 92% | 82% | 4% | 60% | 4% | 82% |
| Betsi Cadwaladr University Health Board (Central) | Betsi Cadwaladr University Health Board | 100% | 12% | 92% | 67% | 87% | 22% | 86% |
| Betsi Cadwaladr University Health Board (North West Wales Cardiac Rehab Programme) | Betsi Cadwaladr University Health Board | 94% | 0% | 0% | 80% | 81% | 20% | 100% |
| Betsi Cadwaladr University Health Board (Wrexham Maelor Hospital) | Betsi Cadwaladr University Health Board | 76% | 2% | 100% | 57% | 81% | 41% | 100% |
| Cardiff and Vale University Health Board (University Hospital of Wales and Llandough Hospital) | Cardiff & Vale University Health Board | 87% | 59% | 81% | 23% | 72% | 19% | 73% |
| Cwm Taf Morgannwg University Health Board (Princess of Wales Hospital) | Cwm Taf Morgannwg University Health Board | 95% | 82% | 80% | 16% | 89% | 2% | 100% |
| Cwm Taf Morgannwg University Health Board (Royal Glamorgan Hospital and Prince Charles Hospital) | Cwm Taf Morgannwg University Health Board | 88% | 9% | 71% | 54% | 80% | 37% | 82% |
| Hywel Dda University Health Board (Bronglais Hospital) | Hywel Dda University Health Board | 100% | 0% | 0% | 100% | 94% | 0% | 0% |
| Hywel Dda University Health Board (Glangwili Hospital and Prince Philip Hospital) | Hywel Dda University Health Board | 93% | 23% | 100% | 33% | 54% | 45% | 94% |
| Hywel Dda University Health Board (Haverfordwest Health Care Centre) | Hywel Dda University Health Board | 91% | 100% | 32% | 0% | 0% | 0% | 0% |
| Powys Teaching Health Board (Rhayader / Knighton, Ystradgynlais Community Hospital, Montgomery County Infirmary, Brecon War Memorial Hospital) | Powys Teaching Health Board | 100% | 100% | 77% | 0% | 0% | 0% | 0% |
| Swansea Bay University Health Board (Neath/Port Talbot Hospital) | Swansea Bay University Health Board | 80% | 3% | 100% | 43% | 100% | 54% | 100% |

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